

Women's Caucus Retreat

October 23-25, 2026

White Oaks Resort & Spa

Friday, October 23, 2026

Evening Reception

Saturday, October 24, 2026

Breakfast

Opening Remarks

- Ellen Gowand, Allstate
- Anna Kirovska, The Co-operators

Financial Planning for Women Lawyers

- Sally McRae, CFP, FMA FCSI, Lawyers Financial

Networking Break

Speaking with Impact: 5th Annual Women's Caucus Roundtable Luncheon

- Facilitated by Charmaine Grace, Toastmasters Canada
- Andrea Lim, Dutton Brock LLP

Networking Break

Mediation Panel: Lessons from the Mediation Table

- *Moderator:* Tessie Kalogeras, Beard Winter LLP
- Penny Georgoudis, Beard Winter LLP
- Rebecca Dervaitis Loch, Dervaitis Loch Law
- Margot Ferguson, Margot Ferguson Mediation & Arbitration Services
- Carole Jenkins, Carole Jenkins Law

Practice the Pause: Mindfulness and Guided Meditation

- Maneesha Gupta, Mindful Lawyer Canada

Close of Events

Cocktail Reception & Dinner

Sunday, October 25, 2026

Breakfast

Welcome

The Importance of Retirement Income for Life

- Mike Pastuszak, Lawrie Insurance Group
- Katie Kerr, Lawrie Insurance Group
- Lyndsay Prontack, Lawrie Insurance Group

The Evolution of Mentorship: Learning in Both Directions

- Facilitated by Natasha Papulkas, Beard Winter LLP
- Amanda Potasky, Allstate Insurance
- Xhesika Resuli, Dutton Brock LLP
- Kadey B.J. Schultz, Schultz Law Group
- Maura Thompson, Shillington McCall LLP

Closing Remarks

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info@cdlawyers.org



416-340-9859